

PRENATAL WORKSHEET - 12/2017

ROUTINE INITIAL SCREEN

- Family Health Resources
- PPD
- History and Physical
- Offer Dietician visit
- Nutaq NFP Referral
- WIC Referral
- Domestic violence screen
- BHC Referral (if did not meet at + HCG test)
- Dating Ultrasound (prefer 8-10 wks)
 - Dating Ultrasound ASAP if h/o ectopic

BLOODS / Cultures

- CBC
- Syphilis
- HIV
- Hgb A 1C
- Rubella
- Random blood sugar
- Blood type, Antibody Screen
- Hep B screen
 - (Hep BSAg(+)
 - (initiate HBV data record, 2 copies
- Hep C Antibody (at risk population)

URINE

- Urine Culture
- Urine Drug Screen (at risk population)

CERVIX

- Pap Smear per Cervical Screening guideline
- GC, CT Aptima (Cervical, or vaginal)

15-20 WEEKS

- Maternal Serum Screen 4 (if no NT/PAPP-A)

At 20 + weeks

- Vaccine (if needed)
- TOLAC consent with OB/GYN (20-32 wks)
- Fetal Anatomy Ultrasound
- Domestic Violence Screen
- Lactation Education
- Contraception Counseling
 - Sign 30-day Federal Consent (PP Tubal)

AT 28 WEEKS

- (Rh neg mom repeat PNAbscreen)
- (Rhogam if Ab screen neg)

36 WEEKS

- CBC
- Cervical or vaginal Aptima (CT/GC)
- RPR
- HIV
- GBS
- Hep C Antibody (at risk population)
- Establish fetal presentation

SPECIAL PROTOCOLS

- Identify risk as early as possible (Med/Soc)
- General vaccine discussion, influenza, etc
- Education on avoidance of teratogens
- Discuss exercise, work, wt. gain, other adjustments
- Ces Del OP Report(s)
- Varicella: discuss Hx and screen if indicated
- Rubella immune if MMR x3 or lab positive
- Heptavax x3
- New Prenatal Intake w/ RN CM (PCC)
- Rhogam PRN

(at Aminocentesis if RH Neg, repeat PN Ab Screen prior if greater than 2 weeks old)

- Counsel PAPP-A / NT drawn 11-14 wks
- GDM 'at risk'
 - if RBS 140-199 or
 - if Hgb A1C 5.7 - 6.4
 - then obtain Fasting glucose prior to 24 wks
- Advanced Maternal Age
 - Offer Genetic Counseling (MFM Referral)
 - Counsel NT/Fetal Free Cell DNA Testing

EDUCATION

- TOLAC Info Packet
- Lactation Education
- Encourage Dental Care

Low Risk Schedule

- First Prenatal
- 16 to 18 weeks
- 24 to 28 weeks
- 30 to 32 weeks
- 36 weeks
- 38 weeks
- 40 weeks

24-28 WEEKS

- CBC
- 2 hr OGTT
- Childbirth Classes - Sign up
- Tdap (prefer 27-36 wks)
- Lactation Consultant Visit
- Vaccine PRN -(if needed)

28-32 WEEKS

- Chart review (by CNM)
- Pre-Admission @ ANMC Central Registration
- Encourage Tour of L&D/MBU

- Vaccine PRN (see above)

- Domestic Violence Screen
- Lactation Education
- If breech, Breech Education sheet and schedule ECV