

Skin and Subcutaneous Nodules - General Surgery

Indications

- Skin lesion > 2 cm below clavicles
- Cyst or lipoma > 2 cm below clavicles

Call the surgeon on call for referrals for indications other than listed above

Pertinent History (Please document in referral to surgery)

Patient desires removal	YES	NO
Patient/provider desires consultation	YES	NO
Patient is interested in local anesthesia	YES	NO
Location and size		

Patient information

- Depending on size location and patient age some lesions may be removed in the **clinic at the same clinic visit under local anesthesia**
- Depending on size location and patient age some lesions may be removed in the OR under general anesthesia **at a later date**
- If the patient requests general anesthesia the lesion **will always be removed at a later date** in the OR
- Plavex should be stopped 14 days prior to appointment, NSAID should be stopped 7 days prior to clinic if possible

Provider information

- Please document all the patient history described above on the referral form (size location patient preference for anesthesia)
- Cysts and lipomas generally cause no symptoms including pain. Pain does not generally resolve with removal of the lesion
- Family Medicine
 - skin lesions, cysts and lipomas < 2 Cm below the clavicles
 - warts
 - Anal condyloma <5 cm
 - Punch biopsies
- ENT - lesions above the clavicles
- Ortho - Ganglions
- Urology - Extensive condyloma or genital skin lesions in males
- GYN - Extensive condyloma or genital skin lesions in females