



# ALASKA NATIVE MEDICAL CENTER



## FOREARM

### **Diagnostic/Treatment Recommendations:**

- Repetitive stress injuries should be treated with activity modification, NSAID protocol and therapy

### **Patient Handouts:**

- Arm Fact Sheets, Booklets and Brochures

### **Referral Guidelines:**

- Please use the elbow form for epicondylitis referrals.
- Referrals for fractures are to be made through established procedures. Obtain the radiograph and your encounter form and CALL the orthopedic surgeon on-call to review films.