

## A Culture of Caring

The Alaska Native Medical Center (ANMC) works to provide services that best meet the needs of Alaska Native and American Indian families. ANMC is jointly owned and managed by the Alaska Native Tribal Health Consortium and Southcentral Foundation, and includes both the hospital and the Anchorage Native Primary Care Center (ANPCC).

Children have a special place at ANMC in the physical sense and in the hearts of the people who care for them. We are proud to work with our customer-owners to achieve wellness through health and related services for generations to come.

You and your child have access to a comprehensive care team to address all dimensions of wellness. We believe it takes a special kind of person to provide health care to children. ANMC providers and staff are experts in their field — both in terms of medical expertise and their genuine commitment to infants, children and young adults.

Your child's care team consists of board-certified pediatricians, physician assistants, nurse practitioners, registered nurses, licensed practical nurses, behavioral health consultants, pharmacists, dietitians, and support staff. If your child requires more comprehensive services, his or her care team is joined by respiratory therapists, pediatric occupational therapists, speech therapists, physical therapists, pediatric medical subspecialists, social workers, and discharge coordinators.

## Locations and Contacts

### Anchorage Native Primary Care Clinics

Located on the first, second and third floors of the ANPCC, across the street from the hospital.  
Clinic Hours: 8 a.m.-6 p.m. Monday-Friday and 8 a.m.-4:30 p.m. Saturday.  
4320 Diplomacy Drive | Anchorage, Alaska 99508  
**(907) 729-3300**

### ANPCC Outpatient Pediatrics Clinic

Located on the second floor of the ANPCC, across the street from the hospital.  
Clinic Hours: 9 a.m.-6 p.m. on Monday, Wednesday, Thursday and Friday.  
9:45 a.m.-6 p.m. on Tuesday and 9 a.m.-4:15 p.m. on Saturday.  
4320 Diplomacy Drive | Anchorage, Alaska 99508  
**(907) 729-3100**

### ANMC Inpatient Pediatrics, PICU and NICU

Located on the second floor of the ANMC Hospital.  
Open 24 hours a day, seven days a week.  
4315 Diplomacy Drive | Anchorage, Alaska 99508  
**Inpatient Pediatrics: (907) 729-1050**  
**PICU: (907) 729-1050**  
**NICU: (907) 729-1066**

### Valley Native Primary Care Center

Located in Wasilla.  
Clinic Hours: 8 a.m.-5 p.m. Monday-Friday  
1001 Knik Goose Bay Road | Wasilla, Alaska 99645  
**(907) 631-7800**



# Children's Services

## Alaska Native Medical Center

*A Guide to Children's Health Services*



At the Alaska Native Medical Center (ANMC), our team works hard to provide the best possible care for the growth, development, health and wellness of your child. For example, research shows health outcomes improve as the number of certified nurses within a health system increases. We are proud that our inpatient pediatric nurses have achieved a specialty certification rate more than twice the national average for children's hospitals in the U.S. In addition, parents have rated customer satisfaction of the pediatric nursing staff and physicians among the best in the nation.

Whether you are visiting an ANMC program for a routine back-to-school exam or your child is admitted to the hospital for a more serious condition, you can feel confident that your child is in good hands. Your child's health is our top concern.

## Outpatient Pediatrics

The Outpatient Pediatrics Clinic, located in the Anchorage Native Primary Care Center (ANPCC) at ANMC, is part of Southcentral Foundation's recognized Nuka System of Care, where the journey to wellness is a partnership with shared responsibility between our customer-owners and our integrated care teams.

Your integrated care team consists of Case Management Support, who assists with scheduling appointments and follow up; a Case Manager that is a registered nurse to assist with care coordination and referrals, medication refills, test results, and more; a Primary Care Provider that is a medical doctor, a physician assistant or nurse practitioner to diagnose conditions and prescribe medications; a Certified Medical Assistant that assists with blood pressure, weight and height, blood draws, immunizations and screenings; a Behavioral Health Consultant that focuses on child development and behavioral issues; and a Registered Dietician.

Pediatric care teams offer comprehensive primary and specialty care for infants, children and young adults. The Outpatient Pediatrics Clinic serves children primarily in the Anchorage Service Unit, as well as children referred from across the state. These services include:

- Well-child check-ups and health screenings
- Diagnosis and treatment of illnesses
- Developmental screenings
- School and sports examinations
- Care management for children with chronic conditions
- Guidance on behavioral and parenting concerns
- Nutrition counseling
- Hearing, vision and other screening and evaluations
- General pediatric consults and referrals to specialists
- Transitional care (after hospital stay, before returning home)
- Behavioral health consultation

In addition, ANMC also offers a wide range of pediatric subspecialty services, which focus on health issues affecting specific organs and body systems. These services include:

- Endocrinology (endocrine system and hormones)
- Cleft lip and palate (malformations of the mouth/face)
- Neurology (brain, spinal cord and nervous system)
- Pulmonology (respiratory system)
- Nephrology (kidneys)
- Rheumatology (joints, soft tissues, autoimmune disease)
- Infectious diseases
- Genetics
- Speech, physical and occupational therapies

Our team works closely with pediatric subspecialists (pediatricians who have had additional training in these highly specialized areas of pediatric health) in Alaska and across the country to provide the best possible care.

Talk with your child's primary care team if you have concerns about your child's growth and/or development and see a benefit from one or more of these specialty services.

## Inpatient Pediatric Care

Like adults, children come to the hospital for various reasons ranging from observation to critical care. ANMC has an advanced Neonatal Intensive Care Unit (NICU) and a Pediatric Intensive Care Unit (PICU). Just as the NICU is equipped and staffed to care for premature and sick newborns, our PICU is equipped and staffed to care for children with the most serious complications or illnesses.

Providers and staff in the Inpatient Pediatrics Department care for nearly 1,000 children admitted to the hospital each year. The team of highly trained and experienced staff will do everything possible to make your child and family feel safe and comfortable while at ANMC.

Common causes for children to be admitted to the ANMC Inpatient Pediatrics Department include:

- Breathing problems such as pneumonia and asthma
- Meningitis or skin, wound and bone infections
- Newborn jaundice
- Neurological problems such as seizures
- Diabetes
- I.V. medication infusions
- Dehydration that couldn't successfully be treated at home
- Trauma such as head injuries and broken bones
- Surgeries

Our team conducts regular, patient-and-family-centered rounds to work in partnership with you to ensure you are getting the information, support and resources you need to make well informed decisions for the best treatment and care for your child. We strive to provide families with a physically comfortable, emotionally supportive and culturally sensitive experience. A nursing team is here to support you and your child at all times, and a member of the pediatric physician team is always on-site to address questions or concerns.

### Pediatric Intensive Care Unit (PICU)

The ANMC PICU is highly regarded for quality care and has four dedicated PICU hospital beds, with an additional 15 pediatric beds that can be converted to intensive care beds when needed. We understand having a child in intensive care can be a stressful experience, and our hospital providers and staff are here to make it as smooth and comforting as possible. Clergy is also available for interested families.

### Neonatal Intensive Care Unit (NICU)

For some families, the NICU is an unexpected stop on the way to bringing home a new baby. ANMC offers a Level II NICU to care for infants who are born too early or who experience difficulties at birth. It is our team's goal to make sure your baby receives the best possible care necessary to thrive. Our NICU nurses and physicians have additional training and experience caring for babies born prematurely or experiencing complications upon birth.

A member of the pediatric physician team is available around the clock to address any questions or concerns, and clergy are also available if desired.

### Staying with Your Child

Whether your child is in a general pediatric bed, the PICU or NICU, we encourage at least one parent to stay at the hospital. ANMC care teams will do everything possible to make a parent's stay comfortable. Meals are provided for one parent staying in the child's room.

### Facilities

We understand that physical environment plays an important part in the healing process. Our facilities are designed to create a space for children and their families to find comfort on their journey to wellness.

## Additional Resources

A variety of health education classes and resources for women, children and families are offered on the Alaska Native Health Campus. For information, please visit [www.anmc.org/MCHresources](http://www.anmc.org/MCHresources).

You can also contact the Southcentral Foundation Health Education Department for a list of resources and class schedule information at (907) 729-2689, or visit [www.southcentralfoundation.com](http://www.southcentralfoundation.com).

