

Sunday

Soup

- 🍷 Chicken Rice
- Zesty Chili

Entrée

- 🍷 Ancho Lime Marinated Chicken
- Apple Ginger Pork Chop
- 🍷 Oven Roasted Potato Wedges
- 🍷 Corn on the Cob
- Summer Squash Medley
- Rice Pilaf

Monday

Soup

- 🍷 Mushroom Barley
- Buffalo Chicken Chowder
- Zesty Chili

Entrée

- 🍷 Teriyaki Chicken Stir Fry
- Baked Vegetarian Egg Roll
- 🍷 Italian Pasta
- Fresh Breadstick
- Italian Cut Green Bean
- Jasmine Rice

Tuesday

Soup

- 🍷 Chickpea & Tortellini
- 🍷 Cajun Chicken Bisque
- Zesty Chili

Entrée

- 🍷 Spring Herb Dijon Pork Tenderloin
- 🍷 Grilled Lemon Sage Chicken Breast
- 🍷 Orzo with Lemon & Herbs
- 🍷 Leaf Spinach
- 🍷 Balsamic Roast Vegetables
- Cheddar Mashed Potatoes

Wednesday

Soup

- 🍷 Caldo Gallego
- Corn Chowder
- Zesty Chili

Entrée

- 🍷 Yankee Pot Roast
- Turkey Salisbury Steak
- Country Kitchen Vegetables
- Caramelized Onion Yukon Mashed Potatoes
- Southern Green Beans

Thursday

Soup

- 🍷 Beef Vegetable
- 🍷 Mama's Vegetable
- Zesty Chili

Entrée

- 🍷 Cumin Roast Turkey Breast
- 🍷 Barley Rice Pilaf
- 🍷 Roasted Balsamic Brussel Sprouts
- Eggplant Parmesan
- 🍷 Spaghetti Noodles
- 🍷 Leaf Spinach

 = Mindful item

Friday

Soup

- 🍷 Lighthouse Clam Chowder
- 🍷 Enchilada
- Zesty Chili

Entrée

- 🍷 Beef Ragu over Farfalle
- 🍷 Mediterranean Fish
- Brown Rice Pilaf
- 🍷 Baby Carrots & Sugar Snap Peas Medley
- 🍷 Broccoli Florets
- Fresh Breadstick

Saturday

Soup

- 🍷 Chicken & Root Vegetable
- Zesty Chili

Entrée

- 🍷 Spanish Rice Stuffed Chicken
- 🍷 Corn O'Brien with Peppers
- 🍷 Zucchini
- Chicken Fried Steak with Cream Gravy
- Country Mashed Potatoes
- 🍷 Capri Mixed Vegetables