

PRENATAL WORKSHEET - 1/24/24

1/24/24 njm

ROUTINE INITIAL SCREEN

- ☐ Family Health Resources
- ☐ PPD if high risk
- ☐ History and Physical
- ☐ Offer Dietician visit
- ☐ Nutaq NFP Referral
- ☐ WIC Referral
- ☐ Domestic violence screen
- ☐ BHC Referral (if did not meet at + HCG test)
- ☐ Dating Ultrasound (prefer 8-10 wks)
- Dating Ultrasound ASAP if h/o ectopic

SPECIAL PROTOCOLS

- ☐ Identify risk as early as possible (Med/Soc)
- ☐ General vaccine discussion, influenza, etc
- ☐ Education on avoidance of teratogens
- ☐ Discuss exercise, work, wt. gain, other adjustments
- ☐ Ces Del OP Report(s)
- ☐ Rubella immune if MMR x3 or lab positive
- ☐ Varicella: discuss Hx / immunization status and screen with IgG if indicated
- ☐ Heptavax x3
- ☐ New Prenatal Intake w/ RN CM (PCC)
- ☐ Rhogam PRN
- (at Aminocentesis if RH Neg, repeat PN Ab Screen prior if greater than 2 weeks old)
- ☐ GDM 'at risk'- obtain Fastig Glucose <24wks
- ☐ 81 mg ASA qd if high risk for PEC
- ☐ Add 1,000 IU Vit D in addition to PNV
- ☐ See below regarding PPD guidance

BLOODS / Cultures

- ☐ CBC
- ☐ Syphilis screen
- ☐ HIV
- ☐ Hgb A 1C
- ☐ Rubella
- ☐ Random blood sugar
- ☐ Prenatal Blood type, Antibody Screen
- ☐ Hep B screen
- If Hep BSAg(+) (initiate HBV, 2 copies)
- Mandatory State reporting: see Hep B guideline
- Report pos pregnancy test and immed postpartum
- ☐ Hep C Antibody

- ☐ Ferritin
- ☐ Vitamin D level

URINE

- ☐ Urine Culture
- ☐ Urine Drug Screen (at risk population)

CERVIX

- ☐ Cervical Ca Screening per guideline (PAP/HPV)
- ☐ GC, CT Aptima (Cervical, or vaginal)

GENETIC TESTING

- ☐ Counsel PAPP-A / NT drawn 11-14 wks
- ☐ Counsel NIPT/Fetal Free Cell DNA>=11wk
- Requires ANMC Genetic Testing Consent
- ☐ Offer MFM Referral for Genetic Counseling
- Advanced Maternal Age
- Hx Fetal Aneuploidy
- Multiple Gestation

Low Risk Schedule

- ☐ First Prenatal
- ☐ 16 to 18 weeks
- ☐ 24 to 28 weeks
- ☐ 30 to 32 weeks
- ☐ 36 weeks
- ☐ 38 weeks
- ☐ 40 weeks

EDUCATION

- ☐ Lactation Education
- ☐ Encourage Dental Care
- ☐ Genetic Testing Handout
- ☐ Tobacco Education
- ☐ TOLAC Info Packet prn
- ☐ Breech Education prn
- ☐ Elective IOL Handout prn
- ☐ Contraception

VACCINATIONS

- ☐ Tdap 27-36w
- ☐ Maternal RSV 32-36w
- ☐ Flu prn
- ☐ COVID prn
- ☐ HPV (postpartum)
- ☐ MMR (postpartum)

At 11+ wks

- ☐ Counsel and provide Genetic Testing, if desired

At 17+ wks

- ☐ Sign Federal Sterilization Form: 17-35 wks

At 20 + weeks

- ☐ Vaccine (if needed)
- ☐ TOLAC consent with OB/GYN (20-32 wks)
- ☐ Fetal Anatomy US (20-22 wks)
- ☐ Domestic Violence Screen
- ☐ Contraception Counseling
- Sign 30-day Federal Consent (PP Tubal)

24-28 WEEKS

- ☐ CBC
- ☐ 2 hr OGTT
- ☐ Childbirth Classes - Sign up
- ☐ Tdap (prefer 27-36 wks)
- ☐ Vaccine PRN -(if needed)
- ☐ Syphilis screen

AT 28 WEEKS

- ☐ Rh neg mom- repeat PNAbs screen
- ☐ Rhogam (if Ab screen neg)
- ☐ Vitamin D level

28-32 WEEKS

- ☐ Chart review (by CNM)
- ☐ Pre-Admission @ ANMC Central Registration
- ☐ Encourage Tour of L&D/MBU (online available)

30-34 weeks

- ☐ Twins: Visit with OB/GYN for delivery counseling
- ☐ Sign Federal Sterilization Form: 17-35 wks (if not done previously or if may go out of date)
- ☐ Maternal RSV Vaccine (32-36wks)

36 WEEKS

- ☐ CBC
- ☐ Cervical or vaginal Aptima (CT/GC)
- ☐ HIV
- ☐ Repeat syphilis screen
- ☐ GBS
- ☐ Establish fetal presentation

- ☐ Vaccine PRN (see above)
- ☐ Maternal RSV Vaccine (32-36wks)
- ☐ Domestic Violence Screen
- ☐ Lactation Education

DELIVERY

- ☐ Repeat syphilis screen
- ☐ CBC
- ☐ Blood type, Antibody Screen

~ If breech, Breech Education sheet and schedule ECV

Only administer a PPD if you are willing to treat pt during this pregnancy: No need to screen low risk patients

The State of Alaska recommends we screen the following high risk pts in pregnancy:

Symptoms suggestive of TB disease, HIV infection, Behavioral risk factors for HIV, Medical conditions other than HIV infection that increase the risk for TB disease,
Close contact with a person who has pulmonary or laryngeal TB disease, Immigration from an area of the world where incidence of TB is high