

**As a patient at ANMC, you have a right to:**

- Considerate, dignified and respectful care regardless of your age, gender, race, national origin, religion, sexual orientation, gender identity or disability.
- Receive care in a safe environment free from all forms of abuse, neglect, mistreatment, or safety issues in the environment.
- Be given facts about your care and be provided an interpreter or help if you need assistance seeing, hearing or reading.
- Ask your health care providers for their name and role in your health care to discuss how they are going to take care of you.
- Refuse treatment if the law allows. Your providers will tell you how this could affect your treatment.
- Agree or refuse to take part in research studies. If you refuse, your care will not change.
- Have a chosen person to make decisions for your care. Messages between you and



your provider, hospital charts, tests results and X-rays must be kept private.

- You must give permission and designate a privacy password before anyone not directly involved in your care is given information about you.
- Informed consent and to ask for information to make choices about your care. You must give permission for tests, surgery and medicines. Examples include information on treatment choices and risks, the name of the providers involved in your treatment, and how long it could take you to get better.
- Make a complaint and receive a response regarding your care without fear of it affecting your care. Give us an opportunity to address your complaint by calling the Patient Experience Office at 907-729-3990 or contact your provider.
- Pain relief and to receive the appropriate pain management treatments. Receive your care in private. You may restrict

access of your support person or visitors at any time.

- Have someone remain with you for emotional support during visiting hours, unless safety or health is compromised by their presence.
- Receive treatment at this hospital and you will be given a reason if you are transferred to another hospital. You are able to communicate with people outside of the hospital, except when doing so would interfere with your care.
- Agree or refuse to take part in research studies. If you refuse, your care will not change.
- Ask for a different provider if you do not feel your current provider and you are able to establish a trusting and therapeutic relationship. Another provider will be arranged for you in as timely of a manner as provider scheduling allows.

**As a patient at ANMC, you have a responsibility to:**

- Maintain your safety and the safety of others by following ANMC rules, regulations and policies affecting patient care and conduct.
- Maintain a safe and quiet environment for healing of yourself and others by conducting yourself in a respectful manner

in interactions and communications with staff, patients and visitors.

- Comply with ANMC’s policies prohibiting weapons, tobacco, marijuana, alcoholic beverages and illegal drugs on campus.
- Be respectful of others by not using or allowing inappropriate, discriminatory, harassing or abusive language and behaviors toward staff, patients and visitors.
- Partner with your providers by giving full and honest facts about your health and your health history. Your health history includes illnesses, hospital stays, medications, supplements, alcohol or illicit drugs you take/have taken, life support instructions to your providers about your care (advance directive) and other health matters you feel are important.
- Partner in your health care plan by maintaining a healthy lifestyle. Talk about your treatment. Follow the plan of care. Tell your providers about any changes in your health.
- Be on time for your appointments by arriving early or canceling as soon as possible if you are not able to keep your appointment. Refill your medications on time.

- Ensure your visitors obey all hospital policies and report inappropriate behavior to staff members.
- Tell us about changes in your contact and insurance information in a timely manner, including addresses and phone numbers for you and your emergency contact. This also includes information about your health care coverage, (Medicare/Medicaid/private insurance) and to notify ANMC of any changes.
- Provide an advance directive in writing describing your choices about the treatments you want or do not want, or about how health care decisions should be made for you including if you do not want to receive life support care.
- Tell us what we can do better. This is also an opportunity to thank your provider for a great healthcare experience. If you want to share your feedback, please call the Patient Experience Office at 907-729-3990 or contact your provider.
- Accept the limits that may affect our efforts to relieve your pain. These include laws, safety issues, ethics codes and your appropriate assessment and management of your pain.
- Respect staff, patients' and visitors' right to privacy by discussing extended visiting hours with your health care providers.
- Provide contact information for people you would like notified of your admission to the hospital.

- Respect the privacy of staff, patients, and visitors and exercise care if posting pictures through social media. The use of any type of camera or video recording device, including cellular phone cameras, in any area of ANMC where patients or those visitors or staff could be recorded without their knowledge or consent is not allowed without ANMC authorization and written permission.



The Alaska Native Tribal Health Consortium and Southcentral Foundation jointly own and manage the Alaska Native Medical Center under the terms of Public Law 105-83. These parent organizations have established a Joint Operating Board to ensure unified operation of health services provided by the Medical Center.

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## Concerns, Complaints or Grievances

If you have a concern about the quality and safety of your care, please talk with your doctor or health care provider. If you still are concerned, contact your nurse or the nurse manager of the area.

You have a right to submit a written or verbal complaint to our Patient Experience Department at 907-729-3990 or email [Customercontact@anthc.org](mailto:Customercontact@anthc.org) or:

### ANMC Patient Experience Department

Alaska Native Medical Center  
4315 Diplomacy Drive,  
Anchorage, AK 99508

Our patients also have the option to contact the following agencies:

### The Joint Commission Office of Quality and Patient Safety

Submit concerns online at:  
[https://www.jointcommission.org/report\\_a\\_complaint.aspx](https://www.jointcommission.org/report_a_complaint.aspx)

If you are a **Medicare beneficiary:**

### KEPRO

5700 Lombardo Center Drive, Suite 100  
Seven Hills, OH 44131  
Phone: 1-888-305-6759  
TTY: 1-855-843-4776

### State of Alaska Dept. of Health and Social Services Health Facilities Licensing & Certification

4501 Business Park Blvd., Suite 24,  
Bldg. L, Anchorage, AK 99503  
Phone: 907-334-2483  
Fax: 907-334-2682

## Alaska Native Medical Center

## Patient Rights and Responsibilities



The Alaska Native Medical Center wants you to know about **Patient Rights and Responsibilities** so you can make the best choices about your health and receive the highest-quality health care possible.



**ALASKA NATIVE  
MEDICAL CENTER**

