

- Symptoms of Preeclampsia**
- Headache
  - Visual Complaints
  - Abdominal pain
  - Persistent nausea/vomiting
  - Shortness of breath

Two measurements should occur within 15 minutes to confirm BP elevation.  
Target BP: 140-150/ 90-100

If treating severe range blood pressures in pregnancy  $\geq 23$  weeks, then call OB charge for continuous fetal monitoring.

**Power Plan:** OB orders for Severe Peripartum hypertension with labetalol and if no IV access use oral nifedipine order set

While treating severe range BP, consider starting magnesium sulfate for seizure prophylaxis in consultation with OB.

Dose of magnesium for seizure prophylaxis:  
4g IV bolus then 2g IV per hour

If using labetalol then repeat blood pressure after 10 minutes and escalate dosing if not in target range.  
If using oral nifedipine, repeat BP after 20 min and escalate dose if not in target range

**\*\*\*If patient has an eclamptic seizure:**

Call OB for emergency consultation and start magnesium sulfate 6 g load IV on an infusion pump.

