

Miscarriage Options

No Intervention: Awaiting natural passage of the pregnancy

Advantages:

- Possible avoidance of surgery
- Natural, privacy of your own home
- Safe option for most

Risks or side effects:

- Unpredictable amount of time until resolution
- Less likely to have tissue for evaluation
- Could need surgery on an emergent level if heavy bleeding persists

Success rates:

- By 1 week: 25-50% of women have passed the pregnancy
- By 2 weeks: 50-80% of women have passed the pregnancy
- Your provider may want to follow your pregnancy hormone for several weeks

Medical management: Misoprostol/mifepristone to speed the passage of the pregnancy

Advantages:

- Same as no intervention option above

Risks or side effects:

- Possibly have nausea, vomiting, diarrhea, and uterine cramping
- Could need surgery on an emergent level if heavy bleeding persists

Success rates:

- Likely more than 80% of women will pass the pregnancy in a few days
- If ineffective may try repeat dose

Surgical Management: Dilation and curettage or office procedure

Advantages:

- Predictable start and finish
- Not likely to need to have your pregnancy hormone followed

Risks or side effects:

- Surgery/procedure will likely need to be scheduled
- Standard surgical and anesthesia risks

Success rates:

- >99% successful at removing all of the tissue