

ANMC Pediatric (>3mo) Inpatient Community Acquired Pneumonia (CAP) Treatment Guideline

Criteria for Respiratory Distress	Criteria for Inpatient Management	Initial Testing/Imaging for Inpatient Management
<ul style="list-style-type: none"> • Tachypnea, in breaths/min: <ul style="list-style-type: none"> • Age 0-2mo: >60 • Age 2-12mo: >50 • Age 1-5yo: >40 • Age >5yo: >20 • Dyspnea • Retractions • Grunting • Nasal flaring • Apnea • Altered mental status • Pulse oximetry <90% on room air 	<ul style="list-style-type: none"> • Respiratory distress/failure • Concern for sepsis • Unable to tolerate PO • Suspected or documented CAP caused by pathogen with increased virulence (ex. CA-MRSA) • Concerns about observation at home, inability to be comply with therapy, inability to be followed up 	<ul style="list-style-type: none"> • Vital Signs: VS including BP and Pulse Oximetry • Labs: <ul style="list-style-type: none"> • Bloodwork: CBC with differential, CRP • Blood culture if moderate/severe disease or complicated pneumonia • Viral Testing: Influenza PCR during influenza season • If atypical pathogen suspected: PCR Respiratory Panel • Sputum gram stain and culture: if intubating collect at time of initial ET tube placement; consider testing in older children who can produce sputum sample • Urinary antigen detection testing is not recommended; false-positives are common. • Radiography: AP and lateral CXR <i>If parapneumonic effusion, refer to ANMC Pediatric Parapneumonic Effusion/Empyema Management Guideline</i>

Treatment Selection

Suspected Bacterial Pneumonia

Most Common Pathogens: *Streptococcus pneumoniae*, *Haemophilus influenzae*

Demographics	Parenteral Treatment	Oral Step-Down
Previously Health AND Fully immunized	<p><u>Preferred:</u> Ampicillin 50mg/kg IV q6hr (max 12g/day)</p> <p><u>Alternatives:</u> Non-Anaphylactic β-Lactam Allergy: Ceftriaxone 50mg/kg IV q24hr (max 2g/day) Anaphylactic β-Lactam Allergy: Levofloxacin <5 years: 10mg/kg IV q12hr (max dose 750mg/day) >5 years: 10mg/kg IV q24hr (max dose 750mg/day)</p>	<p>Antibiotic choice:</p> <ul style="list-style-type: none"> • If culture positive: based on cultures and susceptibilities. • If culture negative: refer to Ambulatory CAP Treatment Guidelines
Not appropriately immunized with PCV13 + Hib OR Suspicion for <i>H. influenzae</i> OR Severe disease and/or Complicated Pneumonia	<p><u>Preferred:</u> Ceftriaxone 50mg/kg IV q24hr (max 2g/day)</p> <p><u>Alternatives:</u> Anaphylactic β-Lactam Allergy: Levofloxacin <5 years: 10mg/kg IV/PO q12hr (max dose 750mg/day) >5 years: 10mg/kg IV/PO q24hr (max dose 750mg/day)</p>	<p>Antibiotic Duration:</p> <ul style="list-style-type: none"> • Uncomplicated pneumonia: complete a 10 day course • Complicated pneumonia: dependent on clinical response, in general 2-4 week course
Suspicion for <i>S. aureus</i>	<p><i>In addition</i> to one of the above antibiotics, add: Clindamycin 10mg/kg IV q6hr (max 900mg/dose) For PICU or Severe Infection: Vancomycin 15mg/kg IV q6hr (max 4g/day)</p>	<p>Antibiotic choice: Based on cultures and susceptibilities</p> <p>Antibiotic duration: May require longer treatment</p>

Suspected Atypical Pneumonia

Most Common Pathogens: *Mycoplasma pneumoniae*, *Chlamydia pneumoniae*

Demographics	Preferred Treatment	Oral Step-Down
In \geq 5yo empirically add macrolide if atypical CAP cannot be ruled out	Azithromycin 10mg/kg IV q24hr x 1-2 days then transition to oral step down if possible (max 500mg/dose)	Azithromycin 10mg/kg PO daily to complete a 3 day course (max 500mg/dose)

Suspected Viral Pneumonia

Most Common Pathogens: Influenza A & B, Adenovirus, Respiratory Syncytial Virus, Parainfluenza

Most common in <5yo	No antimicrobial therapy is necessary. If influenza positive, see influenza guidelines for treatment algorithm.
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CONSIDERATIONS

- Children should show clinical signs of improvement within 48-72 hours allowing de-escalation of therapy based on available culture results and consideration of transition to oral step-down therapy
- If no improvement or worsening pursue further diagnostic work up as indicated including repeat CXR, consider broadening antibiotics and formal infectious disease consultation
- Discharge criteria: clinical improvement with saturations >90% for 12-24 hours, tolerating oral therapy, no barriers to outpatient care and recommended follow up

Antimicrobial Stewardship Program Approved 2018; Updated August 2020