

# ANMC Inpatient Adult Community-Acquired Pneumonia (CAP) Guideline

## Severity and Risk Factor Considerations

<b>Major Criteria:</b> <ul style="list-style-type: none"> <li>• Septic shock with need for vasopressors</li> <li>• Respiratory failure requiring mechanical ventilation</li> </ul>	<b>Minor Criteria:</b> <ul style="list-style-type: none"> <li>• Respiratory rate ≥ 30 breaths/min</li> <li>• Pao<sub>2</sub>/Fio<sub>2</sub> ratio ≤ 250</li> <li>• Multilobar infiltrates</li> <li>• Confusion/disorientation</li> <li>• Uremia (BUN ≥ 20 mg/dl)</li> <li>• Leukopenia (WBC &lt; 4,000 cells/μl)</li> <li>• Thrombocytopenia (plts &lt;100,000/μl)</li> <li>• Hypothermia (&lt;36° C)</li> <li>• Hypotension requiring aggressive fluid resuscitation</li> </ul>	<b>**NOTE:</b> Prior categorization of healthcare-associated pneumonia (HCAP) has been abandoned. The following are <b>NOT</b> predictive of multi-drug resistant pneumonia and should <b>NOT</b> be used alone as an indication for empiric broad-spectrum coverage: <ul style="list-style-type: none"> <li>• Hospitalized in an acute care hospital for 2 or more days within 90 days of infection</li> <li>• Resided in a nursing home or long term care facility</li> <li>• Received recent chemotherapy or wound care in last 30 days</li> <li>• Attended a hemodialysis clinic in the last 30 days</li> </ul>
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## Treatment Recommendations

Infection	Standard Treatment	Prior MRSA / <i>Pseudomonas</i> in Respiratory Culture <sup>#</sup>	Hospitalized within 90 days PLUS IV antibiotics <sup>#</sup>	Duration
<b>Non-Severe</b>	<b>Preferred Therapy:</b> <ul style="list-style-type: none"> <li>○ Ampicillin/Sulbactam 3g IV q6h <b>PLUS</b> Azithromycin 500mg PO/IV q24hr x3 days</li> <li>OR</li> <li>○ Ceftriaxone 1g IV q24hr <b>PLUS</b> Azithromycin 500mg PO/IV q24hr x3 days</li> </ul> <b>Anaphylactic β-Lactam Allergy:</b> <sup>‡</sup> <ul style="list-style-type: none"> <li>○ Levofloxacin 750mg PO/IV q24hr</li> </ul>	<b>History of MRSA (Add):</b> <ul style="list-style-type: none"> <li>○ Vancomycin 15mg/kg (Pharmacy to Dose)</li> <li>OR</li> <li>○ Linezolid 600mg PO/IV BID</li> </ul> <b>History of <i>P. aeruginosa</i>:</b> <ul style="list-style-type: none"> <li>○ Cefepime 1g IV q8h extended infusion</li> </ul>	<ul style="list-style-type: none"> <li>○ <b>WITHHOLD</b> empiric treatment for MRSA or <i>P. aeruginosa</i></li> <li>○ If cultures return positive for MRSA or <i>P. aeruginosa</i>, escalate therapy based on cultures &amp; susceptibilities</li> </ul>	<ul style="list-style-type: none"> <li>○ <b>5 days</b> for patients <b>without</b> immunosuppression or structural lung disease</li> <li>○ <b>7 days</b> for patients with <b>moderate</b> immunosuppression or structural lung disease</li> <li>○ <b>10-14 days</b> for poor clinical response, initial inappropriate tx, or <b>significant</b> immunosuppression</li> </ul>
<b>Severe</b> (1 major or ≥ 3 minor criteria)	<b>Preferred Therapy:</b> <ul style="list-style-type: none"> <li>○ Ampicillin/Sulbactam 3g IV q6h <b>PLUS</b> Azithromycin 500mg PO/IV q24hr x3 days</li> <li>OR</li> <li>○ Ceftriaxone 1g IV q24hr <b>PLUS</b> Azithromycin 500mg PO/IV q24hr x3 days</li> </ul> <b>Anaphylactic β-Lactam Allergy:</b> <sup>‡</sup> <ul style="list-style-type: none"> <li>○ Levofloxacin 750mg PO/IV q24hr +/- Vancomycin 15mg/kg (Pharmacy to Dose)</li> </ul>	<b>History of MRSA (Add):</b> <ul style="list-style-type: none"> <li>○ Vancomycin 15mg/kg (Pharmacy to Dose)</li> <li>OR</li> <li>○ Linezolid 600mg PO/IV BID</li> </ul> <b>History of <i>P. aeruginosa</i>:</b> <ul style="list-style-type: none"> <li>○ Cefepime 1g IV q8h extended infusion</li> </ul>	<b>Empiric MRSA treatment (Add):</b> <ul style="list-style-type: none"> <li>○ Vancomycin 15mg/kg (Pharmacy to Dose)</li> <li>OR</li> <li>○ Linezolid 600mg PO/IV BID</li> </ul> <b>Empiric <i>P. aeruginosa</i> treatment:</b> <ul style="list-style-type: none"> <li>○ Cefepime 1g IV q8h extended infusion</li> </ul>	Patients should be afebrile for 48-72hr and demonstrate signs of clinical stability before therapy is discontinued
<b>Aspiration pneumonia</b>		<ul style="list-style-type: none"> <li>○ Addition of anaerobic therapy is <b>NOT</b> recommended unless lung abscess or empyema is suspected</li> </ul>		
<b>Suspected or confirmed Influenza</b>		<ul style="list-style-type: none"> <li>○ Oseltamivir 75mg PO BID<sup>∞</sup> x5 days</li> </ul>		
<b>Oral options to consider for de-escalation of β-lactam</b> (total duration IV + PO as above)		<b>Preferred Therapy:</b> <ul style="list-style-type: none"> <li>○ Amoxicillin 1g PO TID<sup>^</sup></li> <li>○ Augmentin 875mg BID                             <ul style="list-style-type: none"> <li>▪ <b>Consider additional</b> Amoxicillin 1g BID in addition to Augmentin for CAP complicated by empyema, asplenia or <i>Strep pneumo</i> PenG MIC 2-4</li> </ul> </li> </ul> <b>Non-Anaphylactic Penicillin Allergy:</b> <ul style="list-style-type: none"> <li>○ Cefuroxime axetil 500mg PO BID</li> </ul>		

### Consideration

- # If empiric treatment for MRSA or *P. aeruginosa*, blood and respiratory cultures should be collected prior to antibiotic administration.
  - If cultures are negative or no drug resistant organisms identified at 48-72 hours, narrow to standard treatment or based on culture results.
- ‡ Consider allergy/immunology referral for penicillin skin-testing and allergy de-labeling
- ∞ Higher doses of Tamiflu have not been associated with improved outcomes
- ^ Strep pneumo or cefinase negative *H.influenzae* / *M.cattarhalis*, use high-dose **amoxicillin**
- Consider Procalcitonin if question of pneumonia diagnosis or acute exacerbation of COPD, see ANMC Procalcitonin guideline for further guidance.