ANMC Antibiotic Guidelines for Gastrointestinal Infection

High Risk/Severe Criteria	Suspected Pathogens	Cultures
• Albumin <2.5 • Age >70 yo • Immunocompromised state • Severe sepsis/septic shock	Polymicrobial process: Enterobacterales *Enterococcus sp.* Anaerobes* (including *Bacteroides sp.*) *Less significant for biliary sources unless bile duct to bowel anastomosis or fistula present	• Routinely obtaining cultures is not recommended for community-acquired infections. • Cultures **SHOULD** be obtained in patients with nosocomial infection or who require operation for prior treatment failure

Antibiotic Selection

	Mild-Moderate Risk	High Risk/Severe	Duration of Therapy

Extra-biliary Source
• Appendicitis
• Diverticulitis
• Bowel perforation with peritonitis
	Preferred therapy:
	• **Cefazolin 2gm** IV q8hr **PLUS**
	• **Metronidazole 500mg** IV q8hr
	
	Anaphylactic Beta-Lactam Allergy:
	• **Levofloxacin 750mg** IV q24hr **PLUS**
	• **Metronidazole 500mg** IV q8hr
		Preferred therapy:
		• **Piperacillin/Tazobactam 3.375gm** IV q8hr (extended infusion over 4 hours)
		
		Anaphylactic Beta-Lactam Allergy:
		• **Levofloxacin 750mg** IV q24hr **PLUS**
		• **Metronidazole 500mg** IV q8hr
			• Adequate surgical source control achieved*: **4 days**
			• Retained focus of infection
			  ○ **Guided by clinical response**
			  ○ **Consider ID consult**
			• Uncomplicated diverticulitis: **5 days**

Biliary Source
• Cholecystitis
• Cholangitis
	Preferred therapy:
	• **Cefazolin 2gm** IV q8hr
	
	Anaphylactic Beta-Lactam Allergy:
	• **Levofloxacin 750mg** IV q24hr
	
	-If bilio-enteric anastomosis present ADD Metronidazole 500mg IV/PO q8hr
		Preferred therapy:
		• **Piperacillin/Tazobactam 3.375gm** IV q8hr (extended infusion over 4 hours)
		
		Anaphylactic Beta-Lactam Allergy:
		• **Levofloxacin 750mg** IV q24hr **PLUS**
		• **Metronidazole 500mg** IV q8hr
			• Uncomplicated: **≤ 24 hours**
			• Non-operative (uncomplicated) management: **5 days**
			• Complicated: **7-14 days**
			  ○ Delayed clinical response
			  ○ Inadequate source control*
			  ○ Consider ID consult

Pediatric Dosing^	IV to PO Conversion
• Cefazolin 30 mg/kg IV q8hr (max 2000mg/dose) • Cephalexin 20 mg/kg PO q8hr (max 4000mg/day) • Ciprofloxacin 15 mg/kg PO q12hr (max 500mg/dose) • Levofloxacin 10 mg/kg IV q24hr (q12hr if <5 yo) (max 750mg/dose) • Metronidazole 10 mg/kg IV/PO q8hr (max 500mg/dose) • Piperacillin/Tazobactam 112.5 mg/kg IV q8hr (max 3.375gm/dose) ^Pediatric abx selection is the same as adults, dosing is provided here for reference.	• Cefazolin 2g IV q8hr→Cephalexin 1g PO TID • Levofloxacin 750mg IV q24hr→Levofloxacin 750mg PO q24hr • Metronidazole 500mg IV q8hr→Metronidazole 500mg PO q8hr • Piperacillin/Tazobactam→Depends on clinical scenario; consider antimicrobial pharmacy or infectious diseases consultation

Considerations:

- Due to *E.coli* resistance >10%, empiric quinolone use alone is cautioned in high-risk/severe cases
  - ANMC *E.coli* susceptibility please refer to ANMC Antibiogram on ASP intranet site
  - Ampicillin-sulbactam is not recommended for use because of high rates of resistance among community-acquired *E. coli* (65% susceptibility for ANMC 2022)
- *Source control as determined by operative surgeon (as defined per IDSA: single procedure or series of procedures that eliminate infectious foci, control factors that promote ongoing infection, and correct or control anastomatic derangements to restore normal physiologic function)
- Empiric coverage of *Enterococcus* or *Candida* is NOT recommended for mild-moderate community-acquired intra-abdominal infections
  - Empiric Enterococcal therapy is recommended for health-care associated infections with previous cephalosporin therapy, immunocompromised patients, and those with valvular heart disease or prosthetic intravascular materials.
- Bowel injuries from penetrating, blunt, or iatrogenic trauma repaired w/in 12hr or other intraoperative contamination of the operative field by enteric contents should be treated w/ abx for ≤ 24hrs.
- Use of ursodeoxycholic acid and/or antibiotics for the prevention of biliary stent occlusion or infection is NOT routinely recommended.
- Need for antibiotics in mild, outpatient diverticulitis disease remains controversial
- Aminoglycosides are not recommended for routine use in adults with community acquired intra-abdominal infection because of the availability of less toxic agents demonstrated to be at least equally effective but may be necessary in high risk/severity patients with Anaphylactic PCN or Cephalosporin allergy.

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Joint Surgical Infection Society and Infectious Diseases Society of America Guidelines (CID 2010:50); Clinical Practice Guidelines for Antimicrobial Prophylaxis in Surgery (ASHP 2013;70(3)); Trial of short-course antimicrobial therapy for intraabdominal infection (NEJM 2015;372:1996-2005)