

ANMC Lab Test Requirements

Updated 8/13/2025

Key: Room Temp (20-25 C), Refrigerated (2-8 C), Frozen (-15 to -25 C), Hr (Hours), D (Days), W (Weeks), Mo (Months), Yr (Years).
Basic Processing Instructions: Centrifuge all blood specimens (except "whole blood") and pour off supernatant (serum or plasma) into leak-proof transport tube. Leave "whole blood" specimens in primary collection tube. Seal lids tightly and use parafilm or tape around caps. Urine for chemistry testing should be sent in a sterile red-top tube or carefully sealed urine cup. Urinalysis specimens must be sent using BD UA Preservative tubes (yellow/red). Urine cultures must be sent using BD Urine Culture Preservative tubes (grey).
Collection Kit and Gel Cold Pack Orders: Clinics with ANMC Warehouse accounts may call (907)729-2980 to place orders for the following items: BD urine preservative tube kits (Item # N50110), Aptima CT/NG/Trich urine collection kits (yellow) (Item # 071595), Aptima CT/NG/Trich vaginal collection kits (orange) (Item # 071004), Aptima CT/NG/Trich endocervix/urethra/eye/throat/rectal collection kits (purple "unisex") (Item # 063258), Gel cold packs (Item #s: X-Small: 083492, Small: 086442, Medium: 095832).
Labeling: Each individual specimen must be labeled with collection date and time and at least two patient identifiers including full name and date of birth or ANMC Medical Record Number. Specimens with one or fewer identifiers will be rejected in the interest of patient safety.
Minimum Volumes and Other Questions: Contact ANMC Lab (907)729-1200.
Transport (Temp and Labeling): Most specimens must be shipped with a gel cold pack. Frozen specimens must be shipped with dry ice. All shipments must be packaged and labeled according to all applicable state and federal regulations pertaining to shipping biological substances.
*Body Fluid Specimens: The following types of body fluid may be tested at ANMC: Ascites, JP Drainage, pericardial, peritoneal, pleural, and synovial. The following tests may be performed on body fluid specimens at ANMC: Albumin, Amylase, Cell Count and Differential, Cholesterol, Creatinine, Glucose, LDH, Total Protein, and Triglycerides. Sample processing (fluid chemistry tests): Aliquot into Li-Heparin tube, mix well, centrifuge and then send supernatant for all tests except Cell Count and Culture. Sample processing (Cell Count and Diff): Aliquot into purple-top EDTA tube, mix well, do not centrifuge.
ANMC Lab Field Requisition Requirements: All ANMC requisitions must be 100% complete, accurate, and contain all required information, or specimens will be rejected. All Lab specimens sent to ANMC must be accompanied by a paper requisition. ANMC Lab field requisitions may be obtained here: http://anmc.org/services/laboratory/ The ordering provider must sign the field requisition. CHA/CHAPs are not authorized to sign the field requisition. Only licensed providers (MD, DO, PA, NP, etc.) with NPI #'s are authorized to sign the field requisition. Required information includes: Diagnosis/ICD10 codes, patient's full name, date of birth, gender, Provider's full name (printed), Provider's signature, Provider's NPI number, Clinic's name, phone number, fax number, Billing/insurance information: Bill to, Pt's relationship to insured, insured person's full name, insurance company's name, insured's SS#, subscriber/member #, carrier code, plan name or #, group #, workers comp Y/N, employer's name, employers #, City/village name.
SARS CoV-2 (COVID-19) Tests

Test	Acceptable Specimen Types/Specimen Stability/Transport Requirements		
SARS CoV-2 (COVID-19) PCR (Panther Fusion)	Specimen: • Aptima MultiTest Swab for oropharyngeal and nasal sources • Nasopharngeal, oropharyngeal, mid-turbinate and nasal swabs (polyester, rayon, and nylon-tipped swab) added to VTM/UTM (Remel Micro Test M4, M4RT, M5, or M6, or Copan Universal Transport Medium, or BD Universal Viral Tranport Medium), saline, Liquid Amies, or Specimen Transport Medium Container: 1. For swabs in viral transport medium: • Nasopharyngeal (NP), Oropharyngeal (OP), and Nasal swabs are acceptable for submission in viral transport medium. 2. For swabs in saline: • Nasopharyngeal (NP), Oropharyngeal (OP), and Nasal swabs are acceptable for submission in saline. • Swabs must be submitted in a sterile screw cap container with 1 to 3 mL of sterile saline (0.85 to 0.9%). 3. For swabs in Aptima MultiTest kits: • Acceptable for orpharyngeal and nasal source Storage/Transport: • VTM/UTM and saline are acceptable at room temperature (15–30 °C) for up to 8 hours and refrigerated (2–8 °C) up to 96 hours • Antima Multitest container store at 2° to 30°C for up to 6 days or at <= -70 °C		
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
SARS CoV-2 (COVID-19) IgG Antibody	Serum	Room Temp: 2D	Cold Pack
		Refrigerated (2-8C): 7D	
Chemistry/Hepatitis (Panel Tests)			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
Acute Hepatitis Panel (HAV IgM, HBV Core IgM, HBV Surface Ag, HCV Ab)	Serum	Room Temp: 2 Hr	Cold Pack
		Refrigerated (2-8C): 5D	
Basic Metabolic Panel (Na, K, Cl, Glu, CO2, BUN, Creat, Ca, GFR)	Serum, Plasma (Li-Hep)	Room Temp: 8Hr	Cold Pack
		Refrigerated Serum (2-8C): 7D	
		Refrigerated Plasma (2-8C): 3D	
Chronic Hepatitis Screen (HAV Ab, HBV Core Ab, HBV Surface Ab, HCV Ab)	Serum	Refrigerated (2-8C): 5D	Cold Pack
Comprehensive Metabolic Panel (Na, K, Cl, Glu, CO2, BUN, Creat, Ca, TP, Alb, TBili, Alk Phos, ALT, AST, GFR)	Serum, Plasma (Li-Hep)	Room Temp: 8Hr	Cold Pack
		Refrigerated Serum (2-8C): 7D	
		Refrigerated Plasma (2-8C): 3D	

Diabetes Chem Panel (Glu, Trig, Chol, HDL, LDL, Chol:HDL Ratio, AST, ALT, BUN, Creat, GFR, Na, K, Cl, CO2, Ca)	Serum, Plasma (Li-Hep) Fasting	Room Temp: ASAP	Cold Pack
		Refrigerated Serum (2-8C): 7D	
		Refrigerated Plasma (2-8C): 3D	
Diabetes Urine Panel (Microalbumin, Creat, Microalbumin:Creat Ratio)	Urine	Room Temp: 2D	Cold Pack or Frozen
		Refrigerated (2-8C): 6D	
		Frozen: 6Mo	
	BD Preservative Urine	Room Temp: 3D	
		Refrigerated (2-8C): 3D	
		Frozen: 3D	
Electrolyte Panel (Na, K, Cl, CO2)	Serum, Plasma (Li-Hep)	Room Temp: 5D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 5D	
		Frozen: 6Mo	
Hepatic Function Panel (Alb, TBili, DBili, Alk Phos, TP, ALT, AST)	Serum, Plasma (Li-Hep)	Room Temp: 1D	Cold Pack
		Refrigerated (2-8C): 7D	
Hepatitis B Carrier Panel w AFP (Hep B Surface Ag, AFP, Alb, T Bili, D Bili, ALP, TP, ALT, AST)	Serum	Room Temp: 8Hr	Cold Pack
		Refrigerated (2-8C): 5D	
Hepatitis C Follow-Up Panel (AFP, Alb, T Bili, D Bili, ALP, TP, ALT, AST)	Serum	Room Temp: 1D	Cold Pack
		Refrigerated (2-8C): 7D	
Iron Profile (Iron, UIBC, TIBC, % Sat)	Serum, Plasma (Li-Hep)	Room Temp: 4D	Cold Pack
		Refrigerated (2-8C): 7D	
Lipid Panel (TChol, Trig, HDL, LDL, Chol:HDL Ratio)	Serum, Plasma (Li-Hep) Fasting	Room Temp: ASAP	Cold Pack
		Refrigerated (2-8C): 7D	
Renal Function Panel (Na, K, Cl, Alb, Ca, CO2, Creat, Glu, PO4, BUN, GFR)	Serum, Plasma (Li-Hep)	Room Temp: 8Hr	Cold Pack
		Refrigerated Serum (2-8C): 7D	
		Refrigerated Plasma (2-8C): 3D	
Urine Tox Screen (Amp, Bar, Ben, Can/THC, Coc, Opi, PCP)	Urine	Refrigerated (2-8C): 5D	Cold Pack
Chemistry/Hepatitis (Individual Tests)			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
A1c	Whole Blood (K2 EDTA)	Room Temp: 3D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 6Mo	
Acetaminophen	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 2D	Cold Pack or Frozen

		Frozen: 4W	
AFP	Serum	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 3Mo	
Albumin	Serum, Plasma (Li-Hep), Body Fluid*	Room Temp: 10W	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 5Mo	
		Frozen: 4Mo	
Alcohol	Serum, Plasma (Li-Hep),	Room Temp: 2D	Cold Pack or Frozen
		Refrigerated (2-8C): 2W	
		Frozen: 4W	
	Urine	Frozen: 30D	
	Serum, Plasma (Li Hep), Urine	Uncapped (Any Temp): 30min	DO NOT SEND
Alk Phos	Serum, Plasma (Li-Hep)	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 2Mo	
ALT	Serum, Plasma (Li-Hep)	Room Temp: 3D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: >7D	
Ammonia	Plasma (K2 EDTA)	20-30 MIN	DO NOT SEND
Amphetamine	Urine	Refrigerated (2-8C): 5D	Cold Pack
Amylase	Serum, Plasma (Li-Hep), Body Fluid*	Room Temp: 7D	Room Temp or Cold Pack
		Refrigerated (2-8C): 30D	
	Urine	Room Temp: 2D	
		Refrigerated (2-8C): 10D	
AST	Serum, Plasma (Li-Hep)	Room Temp: 24Hr	Cold Pack
		Refrigerated (2-8C): 7D	
Barbiturates	Urine	Refrigerated (2-8C): 5D	Cold Pack
Benzodiazapine	Urine	Refrigerated (2-8C): 5D	Cold Pack
Bilirubin, Direct	Serum, Plasma (Li-Hep) Protect from Light	Room Temp: 2D	Cold Pack or Frozen. Protect from Light.
		Refrigerated (2-8C): 7D	
		Frozen: 6Mo	
		Room Temp: 1D	
		Refrigerated (2-8C): 7D	

Bilirubin, Total	Serum, Plasma (Li-Hep) Protect from Light	Frozen: 6Mo	Cold Pack or Frozen. Protect from Light.
Calcium	Serum, Plasma (Li-Hep)	Room Temp: 7D	Cold Pack or Frozen
		Refrigerated (2-8C): 3W	
		Frozen: 8Mo	
	Urine	Room Temp: 2D	
		Refrigerated (2-8C): 4D	
Frozen: 3W			
Cancer Antigen 19-9	Serum, Plasma (Li-Hep)	Room Temp: 5 days	Cold Pack or Frozen
		Refrigerated: 14 days	
		Frozen: 3 months	
Cancer Antigen 125	Serum, Plasma (Li-Hep)	Room Temp: 8 hours	Cold Pack or Frozen
		Refrigerated: 5 days	
		Frozen: 24 weeks	
Cannabinoids	Urine	Refrigerated (2-8C): 5D	Cold Pack
Carcinoembryonic antigen (CEA)	Serum, Plasma (Li-Hep)	Room Temp: 7 days	Cold Pack or Frozen
		Refrigerated: 14 days	
		Frozen: 6 months	
Cholesterol	Serum, Plasma (Li-Hep), Body Fluid*	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 3Mo	
CKMB	Plasma (Li-Hep)	Room Temp: 4Hr	Frozen
		Refrigerated (2-8C): 8Hr	
		Frozen: 3Mo	
CO2	Serum, Plasma (Li-Hep)	Room Temp: 40Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 6Mo	
Cocaine	Urine	Refrigerated (2-8C): 5D	Cold Pack
Cortisol	Serum, Plasma (Li-Hep)	Room Temp: 24Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 4D	
		Frozen: 12Mo	
		Room Temp: 2D	

Creatine Kinase	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 4W	
Creatinine (Plasma)	Serum, Plasma (Li-Hep), Body Fluid*	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
Creatinine (Urine) Sterile Container	Urine	Frozen: 3Mo	Cold Pack or Frozen
		Room Temp: 2D	
Creatinine (Urine) BD Preservative	BD Preservative Urine	Refrigerated (2-8C): 6D	Cold Pack or Frozen
		Frozen: 6Mo	
Digoxin	Serum, Plasma (Li-Hep)	Room Temp: 3D	Cold Pack or Frozen
		Refrigerated (2-8C): 3D	
Dilantin/ Phenytoin	Serum, Plasma (Li-Hep)	Frozen: 3D	Cold Pack or Frozen
		Refrigerated (2-8C): 1D	
Electrolytes Na+K+Cl-	Serum, Plasma (Li-Hep), Urine	Frozen: 2 WKS	Room Temp, Cold Pack, or Frozen
		Room Temp: 4D	
Fentanyl	Urine	Refrigerated (2-8C): 4D	Room Temp, Cold Pack, or Frozen
		Frozen: 2Mo	
Ferritin	Serum, Plasma (Li-Hep)	Room Temp: K/Na 14D, Cl 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): K/Na 14D, Cl 7D	
Folate	Serum, Protect from Light	Frozen: All Stable	Frozen. Protect from Light.
		Room Temp: 4 WKS	
Free PSA	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 4 WKS	Room Temp, Cold Pack, or Frozen
		Frozen: 6 Mo	
Free T3	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 1Yr	
Free T4	Serum, Plasma (Li-Hep)	Room Temp: 2Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 48Hr	
FSH	Serum, Plasma (Li-Hep)	Frozen: 1Mo	Cold Pack or Frozen
		Refrigerated (2-8C): 5D	
Free T3	Serum, Plasma (Li-Hep)	Frozen: 3Mo	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
Free T4	Serum, Plasma (Li-Hep)	Frozen: 1Mo	Cold Pack or Frozen
		Separated: Refrigerated (2-8C): 7D	
FSH	Serum, Plasma (Li-Hep)	Frozen: 30D	Cold Pack or Frozen
		Gel Tube: Refrigerated (2-8C): 48Hr	
FSH	Serum, Plasma (Li-Hep)	Separated: Refrigerated (2-8C): 14D	Cold Pack or Frozen

		Frozen: 6Mo	
GGT	Serum, Plasma (Li-Hep)	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Yr	
Glucose (Serum or Plasma)	Serum, Plasma (Li-Hep)	Room Temp: 8Hr	Cold Pack or Frozen
		Plasma Refrigerated (2-8C): 3D	
		Serum Refrigerated (2-8C): 7D	
Glucose (CSF, Body Fluid)	CSF, Body Fluid*	CSF/Body Fluid*: ASAP or Freeze	
HCG	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 3D	Cold Pack or Frozen
		Frozen: 1Yr	
HDL	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 3 MONTHS	
Hep A IgM	Serum	Room Temp: 2Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 3Mo	
Hep A Total	Serum	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 3Mo	
Hep B Core IgM	Serum	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 3Mo	
Hep B Core Total	Serum	Refrigerated (2-8C): 5D	Cold Pack or Frozen
		Frozen: 2Mo	
Hep B Surface Ab	Serum	Refrigerated (2-8C): 6D	Cold Pack or Frozen
		Frozen: 3Mo	
Hep B Surface Ag	Serum	Refrigerated (2-8C): 5D	Cold Pack or Frozen
		Frozen: 3Mo	
Hep B Quant PCR	Serum (Centrifuge at 800-1600 G for 20 minutes within 24 hours of collection)	Refrigerated (2-8C): 3D	Frozen
		Frozen: Stable	
Hep C Ab	Serum	Room Temp: 3D	Cold Pack or Frozen
		Refrigerated (2-8C): 21D	
		Frozen: 3Mo	
Hep C Quant PCR	Serum (Centrifuge at 800-1600 G for 20 minutes within 24 hours of collection)	Refrigerated (2-8C): 3D	Frozen
		Frozen: Stable	
HIV Screen	Serum	Room Temp: 7D	Cold Pack or Frozen
		Refrigerated (2-8C): 4 WEEKS	

hsCRP	Serum, Plasma (Li-Hep)	Room Temp: 11D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 2Mo	
		Frozen: 3Yr	
Insulin	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 48Hr	Cold Pack or Frozen
		Frozen: 6Mo	
Intact Parathyroid Hormone (IPTH) Serum	Serum	Room Temp: 8Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 2D	
Intact Parathyroid Hormone (IPTH) Plasma	Plasma (EDTA Lavender)	Frozen: 6Mo	
		Room Temp: 2D	
		Refrigerated (2-8C): 3D	
		Frozen: 6Mo	
Iron	Serum, Plasma (Li-Hep)	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 3W	
		Frozen: 4Yr	
LDH	Serum, Plasma (Li-Hep), Body Fluid*	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 4D	
		Frozen: 6W	
LDL	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 30D	
LH	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 14D	Cold Pack or Frozen
		Frozen: 6Mo	
Lipase	Serum, Plasma (Li-Hep)	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Yr	
Lithium	Serum	Room Temp: 1D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Mo	
Magnesium	Serum, Plasma (Li-Hep)	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Yr	
Microalbumin	Urine	Room Temp: 7D	Room Temp, Cold Pack, or Frozen
		Refrigerated (2-8C): 1Mo	
		Frozen: 6Mo	
	BD Preservative Urine	Room Temp: 3D	
		Refrigerated (2-8C): 3D	

		Frozen: 3D	
Myoglobin	Plasma (Li-Hep)	Room Temp: 4Hr	Cold Pack or Frozen
		Refrigerated (2-8C):7D	
		Frozen: 3Mo	
NT-Pro-BNP	Serum, Plasma (Li-Hep)	Room Temp: 3D	Cold Pack or Frozen
		Refrigerated (2-8C):6D	
		Frozen: 2Yr	
Opiates	Urine	Refrigerated (2-8C): 5D	Cold Pack
Phencyclidine	Urine	Refrigerated (2-8C): 5D	Cold Pack
Phosphate	Serum, Plasma (Li-Hep)	Room Temp: 1D	Cold Pack or Frozen
		Refrigerated (2-8C): 4D	
		Frozen: 1Yr	
	Urine	Room Temp: 8Hr	
Prealbumin	Serum	Refrigerated (2-8C): 3D	Cold Pack or Frozen
		Frozen: 6Mo	
Procalcitonin	Serum, Plasma (Li-Hep)	Room Temp: 24Hr	
		Refrigerated (2-8C): 48Hr	
		Frozen: 3Mo	
Prolactin	Serum, Plasma (Li-Hep)	Gel Tube: Refrigerated (2-8C): 24Hr	Cold Pack or Frozen
		Separated: Refrigerated (2-8C): 14D	
		Frozen: 6Mo	
Protein, Fluid	Urine	Room Temp: 1D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Mo	
	BD Preservative Urine	Room Temp: 3D	
		Refrigerated (2-8C): 3D	
		Frozen: 3D	
	CSF	Room Temp: 1D	
		Refrigerated (2-8C): 6D	
		Frozen: 1Yr	
Protein, Total	Serum, Plasma (Li-Hep), Body Fluid* (Non-CSF)	Refrigerated (2-8C): 1Mo	Cold Pack or Frozen
		Frozen: 6Mo	
PSA, Total	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 5D	Cold Pack or Frozen
		Frozen: 6Mo	
		Room Temp: 24Hr	

Rheumatoid Factor	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 3D	Cold Pack or Frozen
		Frozen: 4W	
Rubella	Serum, Plasma (Li-Hep)	Room Temp: 3D Refrigerated (2-8C): 3W Frozen: 3Mo	Cold Pack or Frozen
Salicylate	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 2W	Cold Pack
Syphilis Ab w/ Reflex to RPR	Serum	Refrigerated (2-8C): 14D	Cold Pack
Testosterone	Serum, Plasma (Li-Hep)	Room Temp: 5 days	Cold Pack or Frozen
		Refrigerated: 14 days	
		Frozen: 6 months	
Total T4	Serum, Plasma (Li-Hep), Body Fluid*	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 1Mo	
Triglyceride	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 10D	Cold Pack or Frozen
		Frozen: 3Mo	
Troponin T	Plasma (Li-Hep)	Refrigerated: 1D	Cold Pack or Frozen
		Frozen: 12Mo	
TSH	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 7D	Cold Pack or Frozen
		Frozen: 1Mo	
UIBC	Serum, Plasma (Li-Hep)	Room Temp: 4D	Cold Pack
		Refrigerated (2-8C): 7D	
Urea Nitrogen	Serum, Plasma (Li-Hep)	Room Temp: 7D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 1Yr	
	Urine	Room Temp: 2D	
		Refrigerated (2-8C): 7D	
		Frozen: 1Mo	
Uric Acid	Serum, Plasma (Li-Hep)	Room Temp: 4D	Cold Pack or Frozen
		Refrigerated (2-8C): 5D	
		Frozen: 6Mo	
	Urine	Acidified: 4D	

Valproic Acid/Depakene	Serum, Plasma (Li-Hep)	Room Temp: 2D	Cold Pack or Frozen
		Refrigerated (2-8C): 7D	
		Frozen: 3Mo	
Vancomycin	Plasma (EDTA Lavender)	Room Temp: 48Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 14D	
		Frozen: 12Mo	
Vitamin B12	Serum, Protect from Light	Room Temp: 24Hr	Cold Pack or Frozen. Protect from Light.
		Refrigerated (2-8C): 2D	
		Frozen: 2Mo	
Vitamin D, Total	Serum	Room Temp: 8Hr	Cold Pack or Frozen
		Refrigerated (2-8C): 4D	
		Frozen: 24Wk	
Urinalysis			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
UA	Urine in BD UA Preservative Tube (Red/Yellow)	BD UA Preservative Urine Room Temp: 3D	BD UA Preservative tube ONLY. Room Temp.
Urine Culture	Urine in BD C&S Preservative Tube	BD C&S Preservative Urine C&S	BD C&S Preservative tube ONLY.
Misc/Rapid Tests			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
Aptima Chlamydia trachomatis, Neisseria gonorrhoea, trichomonas	Gen-Probe™ Aptima tube (3 different tube types; use appropriate tube for specific source): Urine: Yellow, Vagina: Orange, Endocervix/Eye/Throat/etc: Purple unisex	Room Temp: 30D	Room Temp or Cold Pack
		Refrigerated (2-8C): 30D	
Fecal Lactoferrin (Leukocytes)	Fresh stool in sterile container	Room Temp: 14D Refrigerated (2-8C): 14D	Room Temp or Cold Pack
Fecal Occult Blood	Stool Smear on Hemocult Card	Room Temp: 14D	Room Temp
Fecal Immunochemical Occult Blood Test	PolymedCo FIT Collection Kit	Room Temp: 15D	Room Temp
		Refrigerated (2-8C): 30D	
Fetal Fibronectin	FFN Collection Kit	Room Temp: 8Hr	Cold Pack
		Refrigerated (2-8C): 3D	
Gastric Occult Blood	Fresh Gastric Specimen	Room Temp: 24H	Fresh: Cold Pack
		Refrigerated (2-8C): 5D	
	Specimen on Gastrocult Card	Room Temp: 4D Refrigerated (2-8C): 5D	Card: Room Temp

Monotest	Serum, Plasma (Li-Hep)	Refrigerated (2-8C): 48Hr	Cold Pack
	Whole Blood (K2 EDTA)	Refrigerated (2-8C): 48Hr	
Hematology			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
CBC (no Diff)	Whole Blood (K2 EDTA)	Room Temp: 24Hr	Cold Pack
		Refrigerated (2-8C): 3D	
CBC with Differential	Whole Blood (K2 EDTA)	Room Temp: 24Hr	Cold Pack
		Refrigerated (2-8C): 3D	
Diabetes Heme Panel	Whole Blood (K2 EDTA)	Refrigerated (2-8C): 3D	Cold Pack
ESR	Whole Blood (K2 EDTA)	Room Temp: 24Hr	Cold Pack
		Refrigerated (2-8C): 48Hr	
Retic	Whole Blood (K2 EDTA)	Room Temp: 24Hr	Cold Pack
		Refrigerated (2-8C): 3D	
Fluid Cell Count and Diff	Body Fluid* in K2 EDTA	Call ANMC	Cold Pack
Fluid Crystal Search	Body Fluid in Sterile Container	Call ANMC	Cold Pack
Coagulation			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
D-Dimer	Plasma (Na-Citrate)	Room Temp: 8Hr	Frozen
		Frozen: Stable	
Fibrin Degredation Products (FDP)	Plasma (Na-Citrate)	Room Temp: 8Hr	Frozen
		Frozen: 30D	
Fibrinogen	Plasma (Na-Citrate)	Room Temp: 8Hr	Frozen
		Frozen: Stable	
Heparin (Unfrac. & LMW)	Plasma (Na-Citrate)	Room Temp: 1Hr	Frozen
		Frozen: 1Mo	
PT/INR	Plasma (Na-Citrate)	Room Temp: 24Hr	Frozen
		Frozen: Stable	
PTT	Plasma (Na-Citrate)	Room Temp: 2Hr	Frozen
		Frozen: Stable	
Blood Bank / Transfusion Service			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
Antibody Titer	2 Whole Blood (EDTA - pink or	Refrigerated (2-8C): 3D	Cold Pack
Antigen Typing (specify	Whole Blood (EDTA - pink or	Refrigerated (2-8C): 3D	Cold Pack

antigen(s))	lavender)	Refrigerated (2-8C): 3D	Cold Pack
DAT	Whole Blood (EDTA - pink or	Refrigerated (2-8C): 3D	Cold Pack
Type and Screen	Whole Blood (EDTA - pink or	Refrigerated (2-8C): 3D	Cold Pack
Pathology / Cytology			
Test	Acceptable Specimen Types	Specimen Stability	Transport Requirements
Pathology	Tissue Specimens in Formalin	Deliver ASAP	Room Temp
Chromosomal Studies	Tissue/Blood (Call ANMC)	Deliver ASAP	Cold Pack
Pathology	Fetus (*If ≥ 20 weeks or ≥ 500g	Deliver ASAP	Cold Pack & Gold Streak
Cytology	All Body Fluids	Deliver ASAP	Cold Pack
Cytology	Nipple Discharge Slides	Deliver ASAP	Room Temp