

Hernia - General Surgery

Indications

- Umbilical hernia > 2 years of age
- Inguinal hernia (if born premature, >1 YO)
- Incisional hernia

Call the surgeon on call for referrals for indications other than listed above

Pertinent History

Patient is a candidate for anesthesia	YES	NO
Adult patient willing to do no heavy lifting for 6 weeks after the operation	YES	NO
Patent has no serious medical issues that will significantly limit their life expectancy	YES	NO
Patient desires procedure in the next 4 weeks	YES	NO

If any of the above are NO Please call the surgeon on call to discuss case

Patient information

- At the surgery appointment the patient will see the surgeon to go over the procedure and receive informed consent
- If indicated the procedure will be scheduled at a latter date
- The patient does not need to be NPO or on any special diet or prep for the evaluation appointment.
- Adult patients will be asked to refrain from lifting > 10 lbs. for 6 weeks
- Plavex and (NSAID) should be stopped 14 days prior to procedure if possible

Provider information

- Only strangulated hernias are an emergency. All other are elective
- Factors favoring recurrence
 - COPD
 - Obesity
 - BPH
 - Connective tissue disease
 - steroid use
 - # of previous repairs in the same location