

Preparing for your child's procedure

Date: **Time:**

On the night before the procedure, please:

- Do not let your child eat or drink anything after midnight (including mints, candy, gum, vitamins, water, etc.), unless your child's provider told you otherwise.

The day of your child's procedure, please:

- Do not let your child eat or drink anything.
- Arrive at the hospital 15 minutes early and go to the Admitting Office at the main entrance of the hospital. You will be given a patient ID band for your child.
- Bring your child and their patient ID band to the Day Surgery front desk on the second floor of the hospital. They will check your child in at that time.
- Wait for the nurse to come out and call your child's name. The nurse will take you back into Day Surgery and let the doctor know you have arrived. The doctor and nurse will talk to you about the procedure and any sedation that is planned.

There are several medicines that the doctor may prescribe to help your child tolerate the procedure. Some medicines only cause drowsiness, while some medicines will make your child go to sleep.

This is a very good time to ask any questions you have regarding your child's care. The nurse and doctor will be with your child throughout the entire procedure. In most cases, you are welcome to stay with your child throughout their procedure, as well.



What to expect after your child's procedure

Your child will be taken to the Day Surgery post-operative area for recovery. All children respond differently, so it is difficult to predict how your child will react to the medication. Most children take one to two hours to wake up. Once your child is awake and can tolerate fluids they will be discharged from Day Surgery.

The Day Surgery nurse will inform you of any follow-up appointments. A nurse from Day Surgery will call you later that day to make sure that your child is doing well and to see if you have any questions.