

YOUR RIGHTS AND RESPONSIBILITIES AS A PATIENT

AS A PATIENT AT ANMC, YOU HAVE A RIGHT TO:

- Considerate and respectful care.
- Know the name of your health care provider.
- Appropriate assessment, education and management of pain.
- All information about your health problem and treatment.
- Participate in all decisions about your care including end of life decisions.
- Informed consent. You must give permission for tests, surgery and medicines.
- Refuse treatment. You may choose not to be treated. The doctor will tell you how it might affect your health.
- A surrogate decision maker if you become incapacitated.
- A safe environment.
- Acceptance for treatment. If you want treatment at this hospital, you should not be refused care or sent to another hospital without good reason.
- Give permission if hospital is producing the recordings, films, or other images of you.
- Give permission to students to be involved in your care.
- Privacy. You must give permission before anyone not directly involved in your care is given information about you.
- Confidentiality. Messages between you and your doctor, hospital charts, test results and X-rays must be kept private.
- Information about affiliation. You have the right to ask about any connection your hospital and doctor(s) have with other hospitals and doctors.
- Choose to participate in research projects.
- Know about hospital rules and regulations.
- Information about continuing care.
- Access services such as customer service representatives, social services, and patient representatives.
- Voice complaints regarding your care and have them addressed without fear of it affecting your care.
- Practice your religious, cultural, and spiritual beliefs.
- Be informed of unanticipated outcomes.
- Have your own physician promptly notified of your admission to the hospital.

AS A PATIENT AT ANMC, YOU HAVE A RESPONSIBILITY TO:

- Maintain a healthy lifestyle. Ask questions.
- Let staff know if you do not understand what you are told or what is happening to you.
- Request a translator if needed.
- Give full information about your health including all medications and any herbal supplements you may be taking.
- Respect and be considerate of the rights and property of others, including patients, hospital staff, and hospital property and equipment.
- Follow hospital rules including compliance with the tobacco-free campus rules.
- Follow your doctor's instructions. Keep all appointments or tell us if you can't keep them. Report any changes in your health.

ETHICS AND COMPLIANCE SERVICES

Health care decisions can be complicated. Hard choices sometimes come up. This happens when there are two or more paths to choose from, and it is not clear which is "better" or "right." Sometimes there are different opinions among patients, family members and medical care providers.

Ethics and Compliance Services can help. Ethics is the study of choices an individual makes in relating to others. Medical ethics is the process of applying legal and ethical principles to health care. It is a way of looking at hard choices that takes into account what the law says, what our values are, and how similar situations have been resolved in the past.

Ethics and Compliance Services does not tell anyone what to do, but rather offers experience in medical ethics and ethical decision making. Ethics and Compliance Services can be reached at (907) 729-1966.

You may contact the Joint Commission directly at 1-800-994-6610 or at www.jointcommission.org if you have any concerns or complaints regarding your health care at ANMC.



ALASKA NATIVE
MEDICAL CENTER



The Alaska Native Tribal Health Consortium and Southcentral Foundation jointly own and manage the Alaska Native Medical Center under the terms of Public Law 105-83. These parent organizations have established a Joint Operating Board to ensure unified operation of health services provided by the Medical Center.