

# Private Health Insurance

There are a lot of ways you and your family can receive health insurance or coverage:

1. Medicaid
2. Medicare
3. Veteran's Administration health benefits
4. Private Insurance through an employer or individual health insurance plans such as Premera, Aetna, UMR and Moda.
5. Tribally-Sponsored Health Insurance Program (T-SHIP)

Please let the front desk staff know if you have health insurance, so they can add it to your records.



## What does health insurance bring?

- Peace of mind knowing that you are covered when you need it in case of an emergency or when traveling outside of Alaska.
- Avoiding a tax penalty and complying with the Affordable Care Act.
- Improves and expands services, staff, and programs to your Tribal health facility for generations to come.



## **Indian Health Service vs. health insurance**

Some people confuse Indian Health Service (IHS) as health insurance. IHS was established by treaties and laws between Tribes and the federal government. The federal government agreed to take responsibility to provide certain rights, protections, and services to American Indians and Alaska Natives, including health care.

IHS is the primary way the federal government provides health services to American Indian and Alaska Native people. However, chronic underfunding for IHS and other barriers limit access to care for our people.

That is why having health coverage, such as Medicaid, Medicare and private insurance is important to our Tribal health system across the state, so when you receive services from IHS, they can bill your insurance program, which helps expand and improve our Tribal health facilities for generations to come.

## **ANMC Health Benefits Specialists**

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The Alaska Native Tribal Health Consortium and Southcentral Foundation jointly own and manage the Alaska Native Medical Center under the terms of Public Law 105-83. These parent organizations have established a Joint Operating Board to ensure unified operation of health services provided by the Medical Center.



ALASKA NATIVE  
MEDICAL CENTER

