

Monday

Soup

Minnesota Wild Rice
Moroccan Lentil

Entrée

- 🍏 Glazed Teriyaki Chicken Breast
- Baked Herbed Pork Chop
- 🍏 Wok-Style Vegetables
- 🍏 Brussel Sprouts
- 🍏 Cellophane Noodles
- Wild Rice w/ Mushrooms & Almonds

Tuesday

Soup

🍏 Beef & Barley
Creamy Mushroom

Entrée

- Ham & Potatoes Au Gratin
- 🍏 Lemon Dill Cod
- 🍏 Confetti Rice
- 🍏 California Mixed Vegetables
- 🍏 Peas & Carrots

Wednesday

Soup

- 🍏 Turkey & Rice
- 🍏 Carrot Bisque

Entrée

- 🍏 Roasted Turkey Breast
- Macaroni & Cheese Entrée
- 🍏 Thyme Roasted Potatoes
- 🍏 Summer Squash & Carrot Medley
- 🍏 Broccoli Cuts


Thursday

Soup

- 🍏 Mushroom Barley
- Cheeseburger Chowder

Entrée

- Stuffed Pepper
- Farmer's Salisbury Steak
- 🍏 Glazed Fresh Carrots
- 🍏 Mixed Vegetables
- 🍏 Green Beans Oregano
- 🍏 Mashed Potatoes

 = Mindful item

Saturday

Soup

- 🍏 French Market

Entrée

- Home-style BBQ Chicken Breast
- Fresh Summer Garden Stew
- Roasted Sweet Potatoes w/ Butter
- Corn on the Cob
- 🍏 Orzo with Lemon & Herbs
- 🍏 Butter Beans

Friday

Soup

- 🍏 Lighthouse Clam Chowder
- 🍏 Garden Veggie

Entrée

- 🍏 Crispy Parmesan Cod
- 🍏 Irish Beef Stew
- 🍏 Green Beans
- 🍏 Brown Rice, Almonds, Raisins & Scallions
- 🍏 Snow Pea Pods