



Overview of the Liver Disease & Hepatitis Program

Alaska Native Tribal Health Consortium
January 2015

Liver Disease & Hepatitis Program Services

Our Clinical Team:

Providers

Brian McMahan, MD

Youssef Barbour, MD

Lisa Townshend-Bulson, FNP-C

Annette Hewitt, ANP

Part-time providers

Prabhu Gounder, MD

Ellen Provost, DO

Steve Livingston, MD

Nurses

Hannah Espera, RN

Jim Gove, RN

Susan Negus, RN

Julia Plotnik, RN

Mary Snowball, RN

Support Staff

Tracy Hess, Senior Medical Clerk

Sharon Corbett, Program Administrator

Liver Disease & Hepatitis Program Services

We provide evaluation and *management* of:

- Hepatitis B & C
- Primary Biliary Cirrhosis (PBC) and Autoimmune Cholangitis (AIC)
- Autoimmune Hepatitis (AIH)
- IgG4 Autoimmune Cholangitis
- Hemochromatosis

Liver Disease & Hepatitis Program Services

We provide diagnosis and *consultation* regarding:

- Elevated LFTs
- Fatty Liver
- Severe alcoholic hepatitis

- Hepatocellular Carcinoma (HCC) and other liver tumors
(co-management with surgery and oncology)

- Liver transplant- initial evaluation and post transplant care
(alternating with primary care provider)

Procedures: Liver Biopsy

Liver Disease & Hepatitis Program Services

We deliver patient care via:

- Outpatient visits
- Field clinics
- Video teleconferencing (VtC visits) (for rural sites)
- Electronic consultations (AFHCAN)
- Phone Consults

Referrals

Prior to referral for elevated liver function tests, the following workup is recommended:

Labs

- When ALT >8-10x ULN, do *Acute* Viral Hepatitis Panel (includes HBsAg, anti-HBc IgM, anti-HCV, anti-HAV IgG)
- If ALT < 8x ULN, do *Chronic* Viral Hepatitis Panel (HBsAg, anti-HCV, anti-HAV IgG)
- *Note: If anti-HCV is positive, please order a quantitative HCV PCR (HCV RNA).
(If the blood is at ANMC lab this will be done as a reflex test)

Referrals

Prior to referral for elevated liver function tests, the following workup is recommended:

Labs continued:

- Fasting lipids, fasting glucose, A1C, iron profile, ferritin
- ANA with reflex titer, IgG, smooth-muscle antibody or actin antibody
- Anti-mitochondrial antibody, IgM (when alkaline phosphatase is elevated)

Imaging

- RUQ Ultrasound

Field Clinic Visits

Elevated liver function tests

Hepatitis B and C

AIH

PBC/AIC

IgG4 AIC

Cirrhosis

HCC

Fatty Liver (first time evaluation)

Non-alcoholic Steatohepatitis (NASH)

VtC Visits

Good candidates for VtC visits are:

- Hepatitis C patients you would like to treat
Recommended workup prior to visit:
See Hepatitis C Pre-Treatment Checklist on our website.
- Patients with additional follow-up requested by liver clinic provider

Electronic Consultations using AFHCAN

AFCHAN is ideal for patients who cannot wait until the next field clinic, or are not able to go to field clinic.

- Please do the same work-up listed in Referrals for anyone with elevated LFTs
- Please specify if you need review and advice on management of a patient or if you think the patient needs to be seen in Anchorage instead of ,or prior to, field clinic.

Phone Consults

Please reserve phone consults for urgent consultations when you need immediate advice.



A live educational webinar with the Liver Disease & Hepatitis Program - offering continuing medical education and continuing nursing education.

Distance participation via Adobe Connect offers monthly updates on various liver disease topics. Please join us!

Liver Disease & Hepatitis Program

Our website:

<http://www.anthctoday.org/community/hep/index.html>

Phone number: 907-729-1560

Fax number: 907-729-1570